

Carolyn Belgrave Rappestad, Lecturer, Area Director 05

Born and brought up on a sugar plantation under the tropical sun in the former British colony of British Guiana, I could never have imagined that one day I'd end up here in the far north, in the deep woods of Kolmården!



I am a linguist, a trained simultaneous interpreter and translator, speaking "four and a half" languages! After studying and working in various countries in Europe, I finally "landed" in Sweden 19 years ago and currently teach courses in business communication for students of supply chain management, in higher vocational education. In addition to over 15 years in the field of education in Sweden and Spain, I also spent several years as hotel sales manager in the SAS concern in Norway, working towards corporate clients.

I have been a Zontian since 2001 and have served as vice president and president of Norrköping Zonta Club, as well as member of the club nominating committee, before becoming vice Area Director 05 in 2008 and now Area Director 05. I look forward to serving Zonta in the next biennium, and will do so to the best of my ability. I am a fierce believer in the status of women.

Through my contacts with young people in particular, I am always ready to discuss issues relating to the status of women, to make them aware and help increase their self-esteem on all levels.

When not working or involved in Zonta activities, I keep busy with my family - two very active teenagers, husband and our Irish Glen of Imaal Terrier, Billy. I am an open and tolerant person; flexible, impulsive, curious and always ready for new experiences. I live in the country but also enjoy city life; dislike cooking but love good food; am very sociable but need "alone time". I am definitely an animal-lover, an incurable tree-hugger, a gardening enthusiast, an art, theatre, film and music lover. I enjoy good discussions, long walks, sailing, and time spent in the warmth of family.

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